

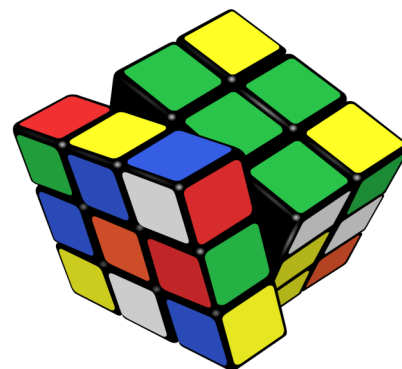
# IMPACT SOLUTIONS EMPLOYEE ASSISTANCE & WORK/LIFE PROGRAM

## *IMPACT on the Web*

<b>FINANCIAL</b>	The green tiles contain information on financial resources. Find help for identity theft, budgeting, estate planning, and more. Visit our Savings Center for discounts on items you buy everyday.
<b>LEGAL</b>	The orange tiles contain legal information and resources. Here you will find over 100 common legal forms, wills, authorizations, agreements, notices, and more.
<b>HEALTH</b>	The red tiles contain information on health related topics. This includes articles and tips sheets on common health conditions, assessment tools, health videos, recipes, and much more.
<b>EMOTIONAL WELLBEING</b>	The light purple tiles contain information on emotional wellbeing including topics such as addiction, depression, anxiety, stress, grief & loss, suicide, abuse, trauma, and other emotional health issues.
<b>PERSONAL GROWTH</b>	The blue tiles contain information on personal and professional growth. Get expert advice when you register for our monthly webinars or training courses. Learn more about building your resilience to stress in our Stress Less center.
<b>FAMILY</b>	The dark purple tiles contain information on building strong and healthy relationships. They also help you locate child, elder, and adult care, camps, schools, back-up care, and other community resources to support your family.

### Did you know...

**IMPACT is here to help you find solutions and manage the complex life challenges you face everyday.**



- **Mobile Friendly Access**
- **Individualized Employee Login Option**
- **Over 20,000 Resources**
- **More Tools & Resources: Assessments, Videos, Webinars, and more**
- **Regularly Updated Content**

**When you need assistance, we are hear for you!**

CALL 24/7 FOR CONFIDENTIAL SUPPORT

**800-227-6007**

[www.MyImpactSolution.com](http://www.MyImpactSolution.com)

Forgot your login? Give us a call.

