## **About Melissa Schneider, LCSW**



Melissa Schneider, LCSW, is a licensed counselor, trainer, speaker, and published author with many years of experience in the work-life training field.

Ms. Schneider has written and facilitated a broad range of seminars, webinars, and workshops, addressing topics from "Creating Moments of Mindfulness At Work" and "Dealing with Difficult People" to "How To Grow A Great Relationship." She has presented to general audiences,

women's groups, diversity and inclusion groups, and leadership teams.

Ms. Schneider has given talks about relationship science and trends on the Freakonomics podcast, has lectured at Oxford University, Carnegie Mellon University, Albert Einstein College of Medicine, and the Asian American Bar Association, and has been invited to lead workshops for groups of men, women, and couples on relationship topics. Her articles have appeared on Science of Relationships.com and her first book, *The Ugly Wife Is A Treasure At Home: True Stories Of Love and Marriage in Communist China*, was published by Potomac Books in 2014.

Ms. Schneider earned her Bachelor of Science in Human Development and Family Studies from Penn State University and her Masters in Clinical Social Work from Columbia University. She is licensed in New York and New Jersey.